

Mental Health Summit



Healing Trauma Through Building Community Practices

In-Person: Foundation Learning

AUG 22, 2024

8:30 AM - 3:30 PM

Virtual: Implementation Sessions

SEPT 17 | NOV 19 | FEB 11 | APRIL 8

3:00 PM - 4:30 PM



Facilitators

Erin Lausten - Coach Consultant



Becky McMorrow Braun - Coach Consultant
Social Emotional Learning

Join us as we deepen our understanding of trauma, mental health, social emotional learning and their impact on student behavior. Together, we will empower participants to actively engage and participate to build learning communities and create lasting change. The foundational learning in August focuses on neuroscience and state-dependent functioning, followed by four virtual sessions that will increase the implementation of the learned strategies.

Schedule

In-Person Foundation Learning focuses on the background and strategies required for virtual participation.

- August 22, 2024 at 8:30 AM - 3:30 PM

Four implementation sessions focused on the implementation of foundation skills, all 3:00 PM-4:30 PM

- September 17, 2024 | November 19, 2024
- February 11, 2025 | April 8, 2025

Location

August 22 (in-person) foundational learning is hosted at the CESA 6 Conference Center 2300 State Road 44, Oshkosh. Lunch will be provided.

Details

- Register Online:
 - www.cesa6.org/events
- Registration Fee:
 - \$200 per participant or \$800 for teams up to 5 participants

Topics

- Brain Science of Mental Health and Trauma:
 - Understanding State Dependent Functioning
 - Window of Tolerance
- Experiential, Hands On Learning Opportunities:
 - Relationships, Relevant, Repetitive, Rhythmic, Respectful, Rewarding



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**Collaborate with Peers to Help Students,
Families, and Communities Thrive**